



UP & DOWN NEWSLETTER

DIESELBIKES

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TRAIL THREADS

Lynn Woods: Lynn, MA

The first half of our 2007 trail maintenance series is over and we will be taking a break from trail building for the next few months. The last three trail days were huge projects that all contributed to expanding the network on the North Side.

Our last trail day on June 24th was a big win for mountain bikers. We were able to legalize a trail that was considered illegal. This is definitely a change in the way the City of Lynn is viewing mountain bikers. We are working hard to expand Lynn Woods & our relationship with Park Management could not be better.



With summer upon us, activities and events in Lynn Woods will be at minimum in preparation for our fall trail maintenance efforts and possible second mountain bike event. This is the time of the season for everyone to get out and just have fun riding their local trail networks.

Be on the lookout for information regarding our continuing trail efforts starting up again in late September and a possible second Mountain Bike Event if we can get everything lined up.

Highland Mountain, Northfield, MA

Have you been to this ultimate New England freeride park? Well, if you love the rush of downhill biking and want to incorporate a host of man-made and natural stunts, then this place is for you.

We at Dieselbikes have visited them already

this season and we can only say WOW! New trails, new stunts and a dirt jump track that will blow your mind.

Visit their website for more information:

www.highlandmountain.com

Bruce & Tom's: Gloucester, MA

Is something in the brew?



If you do not know, Sinister Bikes headquarters is now located in Gloucester, MA near the vicinity of B&T's. We will do our best to keep the local bike community abreast of anything involving Sinister Bikes and B&T's trail network.

We are still speaking with private land managers in the to get some of our projects moving. Things are slow, but we have no worries...remember, Rome was not built in a day.

Aside from that, everything regarding B&T's appears to be on the up and up. There are still problems with local dirt bikes and 4-wheel ATVs ripping up some sections of trail, plus the local youth have parties and making a mess, but this exist every and will coming an go in cycles.

Again, this is the time of the season to get out and ride. Grab your bike, grab your friends and get out and ride your local trails network.

Website Links:

(Click hyperlinks below)

[Dieselbikes Homepage](#)

[Bare Bones News Page](#)

[Local Trail Directory](#)

[Group Rides Page](#)



Pete "Slab"
Rocking a sweet rock roller



Shovels & Picks Report

Lynn Woods –

With the help of the local biking community, Dieselbikes was able to complete 90% of our third trail day in Lynn Woods. As usual, this was another back breaking project but our main goal was accomplished.

During our pre-trail day survey, Dieselbikes brought Park Management out to see an existing illegal trail that existed for quite sometime out by the power lines. We explained the benefits of this illegal trail and requested it's incorporation into the Lynn Woods trail network as a legal trail. Park Management agreed with this request providing a few sections of this trail were adjusted to meet the multi-use requirement for all park users.

All 11 trail volunteers work hard to address these issues and thus the trail is now considered part of the legal network. We were able to cut a new 250 foot section of trail connecting Ox Pasture Road to this existing trail keeping it with in the park's property line. This section of new trail has been heavily armored (at least 50 – 60 feet) to ensure long term suitability and add a level of technical challenge for mountain bikers. We were also required to expand a small section of the existing trail and add a short foot path for walker/hikers. The section of trail work we were not able to accomplish due to time and the hot sun was located on the opposite end of the existing trail as it leads out onto Deep Woods Trail. This section will be re-routed and the installation of a wooden bridge will take place next year as an official trail day. You can read the full trail day write up and see more pictures [by clicking this link](#).

Continuing Trail Work

We still have two (2) more work days left this season for Lynn Woods 2007 Trail Maintenance Series. Below is our trail calendar for these upcoming projects. The last two trail days will be huge projects and since its near the end of summer, the weather should be much nicer...lol

2007 Lynn Trail Maintenance Series:

Saturday September 15th: Overlook Trail Bridge: Build a wooden ladder bridge near section D4-4 on Overlook Trail.

Sunday October 14th: Ballfield Trail Repair: Re-routing and cutting a new trail section on the Ballfield trail near map grid section E5.

Sunday November 10th: Additional trail day if required.



Stone Bridge Build



We need more stone!



What is going on here?



The final product!



Lynn Woods Trail Sponsorship

We are happy to announce Eric Benton was the winner of the JRA Lynn Woods Trail Series Raffle. Eric's winning ticket was drawing on June 24th during Diesalbikes 3rd trail maintenance day. Eric is the proud winner of an Iron Horse "Porter" hardtail bike frame with a Manitou Sherman Fork, FSA Headset and SiC stem.



We want to thank Brian McInnis, owner of [JRA Cycles](#) for this gracious donation of this Iron Horse frame to help support our continuing efforts in Lynn Woods. We look forward working with JRA Cycles in the future and ask the local bike community...if you're in the town of Medford, stop on by

New Sponsor – 5.10 Shoe Company

We are pleased to announce the 5.10 Shoe Company, a leader in the world of rock climbing shoes has graciously decided to support our grassroots operation here in New England. 5.10 has been know for its brand of rock climbing shoes, but in the past 5 years, they have taken their stealth "sticky" rubber technology and applied it to a new shoe designed solely for mountain biking. The "High Impact" Freeride Shoe is taken the bike industry by storm and their present here on the east coast is rapidly growing.



The 5.10 company has provided to Diesalbikes a complete DEMO set of "High Impact" shoes to help support our grassroots efforts regarding local trail maintenance. We will pass these shoes out to members of our club for them to beat on and contribute their own product assessment. We contacted 5.10 to express our opinions regarding this freeride shoe and their representatives were open to our comments, questions and suggestions, explaining to us how the shoe was developed and where they accept this market to go.

We want to thank 5.10 for this support and plan on working closely with their New England rep in the near future. You can read more about the "High Impact" freeride shoe on our website using the direct links below or by visiting the 5.10 Shoe company.

[Diesalbikes Special Report Link](#)

["High Impact" Shoe Review Link](#)

[5.10 Website Link](#)



BREAKING NEWS

Another one bits the dust! During our group rides from time to time, we at Diesalbikes have come across riders that just...well...put their mountain bikes to good use.

This is an oldie, but still a good one, John "Skid" was out for a causal ride in Lynn Woods and just decided to accelerate the ageing process of his bike. With a number of technical drops under his belt from Vietnam to Highland, John is one of those riders who pushes himself on a lot of rides and has fun in the process.

But in the end, Lynn Woods was just too much for the frame to handle. John walked away from this catastrophic failure of metal with just a few bumps and bruises. Still out riding on a new rig, we bet you will see his name listed here in due time.

If you have a broken bike story you would like to share with us, drop us a line and send us a few pictures and we will do our best to get it posted.

You can contact us at: info@diesalbikes.com





THE BUZZ

- Who is it?** Could be anyone who mountain bikes.
- What is it?** Could be anything that involves mountain biking.
- Where is it?** Could be any trail that we can ride legally.



Project 51...ITS GOING TO BE BIG!

More information will become available in the coming months.

Mountain Bike Physics 101

We plan on starting a series of short web program videos highlighting the physics of mountain biking in New England. Hosted by Dr. Dropenhimmer, each show will answer questions related to the physics of gravity, climbing, and shifting body weight (among other stuff) as you mountain biking through the woods. The show will be designed to provide you; the mountain biker with the insight and technical riding experience Dr. Dropenhimmer has to offer.

Whether its fact or fiction, we are sure the comical antics by your host will be enjoyable for all ages. Our goal is to release a new episode each month through our website for your viewing pleasure.



New Active Mountain Biker Apparel!

We are happy to announce the addition of some women's shirt to our current line up so summer active wear. Most of our shirts are a 50/50 blend ultra-cotton so that it feels comfortable when you walk, bike or sleep in them. We are happy with the success of our shirts and plan on releasing newer more funnier designs in the coming months.

Check out Dieselbikes' complete line of [active Mountain Bikers Apparel](#) and help support our trail and sport promotion efforts.





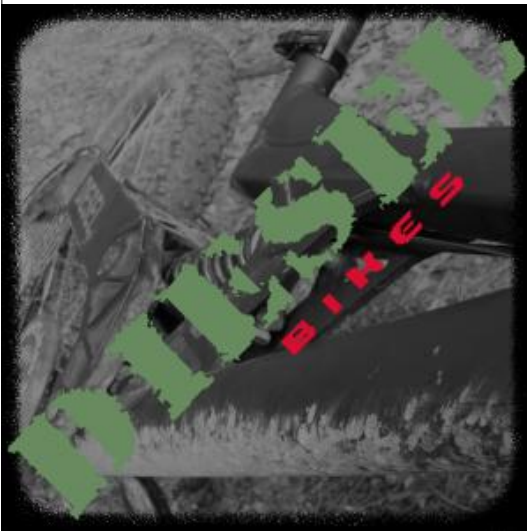
DIESELBIKES

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“New England Mountain Bike News and Trail Information”



Who We Are:

We are just a group of riders who started this web-site to quietly get into the mountain bike industry. We do not expect anything big from this venture but to have fun doing what we love, RIDE OUR BIKES!!! Over this past year we have seen a huge following for Dieselbikes and plan on turn this hobby into a business to help support and expand New England mountain biking.

Our Roots:

The roots of Dieselbikes starts in the City of Lynn better know as the "City of Sin." Over the past years we have added riders to our team whom brings their own unique style of riding and personal-ity. Our local (unofficial) freeride park is none other than Lynn Woods. You will find us riding there 3 ~ 4 times a week during the biking season. Whether working our day and/or night jobs, we all find the time to make that blissful ride of downhill descends, jumps, hucks and friendly camaraderie that is only found when we RIDE OUR BIKES!!!

Mission:

Our mission is expand, promote and create a distinct portrait of mountain biking in and around New England. We believe that New England is one of the best places to mountain bike and feel by bringing all mountain bikers together, we will create a VIBE which will help expand this sport!

Whether posting pictures, videos, local trail maps and/or scheduling biking trips, we are starting small and keeping it simple. Someday our secondary goal is to build downhill/freeride bikes and or bike components for anyone who wants bulletproof products tested on FLAT DROPS here in New England.

Group Rides

Our 2007 group rides will begin on April 15th with our 2nd Annual Lynn Woods Opening Day Ride.

Dieselbikes will begin posting weekday and weekend group rides on our website. You can view these dates as they become available at the following link below:

DIESELBIKES GROUP RIDES

If you would like to be placed on our group rides list, please feel free to contact us at the following e-mail address:

dbgrouprides@dieselbikes.com

Our group rides have no set pace or rider level. We are just out riding our bikes and having fun. All rider styles and levels are welcome.

