



VOLUME: 03, ISSUE: 02

FEBRUARY 2009

PICTURE OF THE MONTH



Photo Caption:

**GREAT WOODS ENTRANCE
LYNN WOODS - JULY 4, 1905** (ESTIMATED)

In this months issue:

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DB Quick Web Link:

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THE BUZZ

We have begun sponsorship requests for Dieselbikes 3rd Annual D-Day Mountain Bike Event scheduled to occur the second week of June! For 2009 we have changing the event scope and expanding venues to be more than just demo bikes. We wish to showcase some of the latest products, technologies and services in the fast growing world of mountain biking! Our goal is to expose event attendees to everything that is mountain biking in a fun and friendly outdoor atmosphere while we generate funds to support trail maintenance programs in Lynn Woods.

We are requesting sponsors to have demo bikes, displays of the latest equipment, apparel and accessories all available for you to experience one-on-one with factory or local business professionals. Mountain Bike related contests, group rides and professional demonstrations will occur throughout the event. More information will be ready for released in March.

TRAIL THREADS

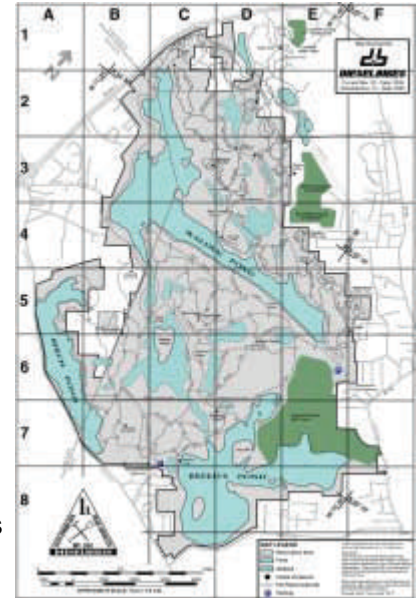
Lynn Woods: Lynn, MA

If you did not know Lynn Woods is officially closed between January 1st and April 15th, 2009. This means we have exactly 74 days or just over 10 weeks before we can illegally take our bikes back in the woods. With that said, we want to ask the mountain bike community to respect the closure when ever possible. Park Management understands that there will be offenders and hopefully damage to the trails created by these offenders will be minimal. In the past years, illegal rider ship during the closure period has reduced and this has been a positive result for the biking community.

The winter months give us an opportunity to catch up on some required updates for the trails we help maintain. We are happy to announce the release of our second revised addition of the Lynn Woods Mountain Bike Trail Map. This is not an official City of Lynn or Park's Department map of Lynn Woods, but a reference map use to identify the trail names and points of interest for mountain bikers. Dieselbikes has been working with Park Management for a number of years with efforts to revise the current official map. At some point in the near future, a new Official Lynn Woods map will be released, but for now we must wait.

Our revised map has a number of trail additions not indicated on the first release. Much of the Lynnfield playground network has been added along with all the new (legal) trails cut between 2005 through 2008. We also highlighted a few more points of interest, marked the virtual boundaries of the new Lynnfield Housing development and added the 2005 Bow Ridge Development.

This map is not accurate to scale and none of the new trail markings were GPS. Again, this is just a visual reference map only. We made this trail map available for download via PDF format on our website ([click here](#)). If you have any questions regarding our map, please feel free to send us and e-mail to the following address: lynnwoodsmap@dieselbikes.com. We will do our best to answer any question you may have.



Tompson St. Reservation (TSR) / Bruce & Tom's (B&T's): Gloucester, MA

We do not have any disturbances to report regarding this trail network. Tompson Street is open year round however, with all the past snowfall and freezing conditions riding has become quite a chore. At this point you would be best to cross-country ski or snowshoe the trails.

There's a buzz in the air regarding some work that may be occurring at the Sinister Compound (their property) during the spring months. If you did not know Sinister Bikes is another proud sponsor of the Tompson Street trail network... there compound is practically right next door to the trail system. More information should be available in the coming weeks regarding the happenings at the Sinister Compound; and we have a feeling its going to be big!

Trail Network Disclaimer –

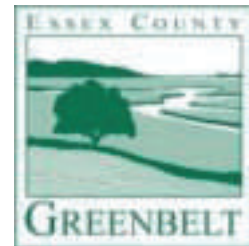
As always, please remember Tompson Street and B&T's trail networks spans land owned by Essex County Greenbelt and a number of private landowners. Currently mountain biking is allowed year round on Greenbelt managed property called Tompson Street Reservation (TSR) but may not be allowed on adjacent private property. We ask that you use some common sense when riding there. Stick to the main trail that you know and do not cut new lines/ braids.

If you come across a change in the trail that you think is illegal, please do not change anything. Report it to [Dieselbikes](#), [Sinister Bikes](#) and or [NSNEMBA](#). We have plenty of members that ride this location and will resolve such matters to reduce any potential conflicts. There will be continuing efforts to make the network better and this will take some time to accomplish with proper land manager approval

PICK & SHOVEL REPORT

We have received a green light from the Lynn Woods Park Management for our proposed 2009 trail maintenance projects. This is going to be another big year for trail work in Lynn with four (4) individual projects selected and we are excited the City has given us another year of trust to get the job done. With the projects now selected we are going to nail down the weekends for trail work and announce the dates for our Lynn Woods Maintenance Series in March.

We are still working to schedule the first Tompson Street Trail Maintenance Series with Essex County Greenbelt Association (ECGA) and hopeful to gain approval for these proposed projects this month. Once all ECGA questions, concerns and aspects of trail work have been satisfied, we will publish this work information ASAP.



ECGA.org

DB TRAIL FUNDRAISING

We at Dieselbikes want to stress the importance of supporting your local trail network. Many of us take for granted the trails we ride and the impact as a user group we have on those trails. Regardless you ride locally, or travel to ride other places, the fact remains mountain bike trails do not take care of themselves. Many individuals, groups and official organizations throughout New England repair trail damage caused by YOU the single rider.

In today's society, supporting your local trail has become more important than ever. With declining State park budgets, land development contracts and a perception of our recreational sports destroying the environment, we as a bike community must band together to support and maintain our beloved trails.

We ask all riders in the community to step up and support your local trail network. This is a rather an easy task to accomplish in two simple ways. First, volunteer for as many local and regional trail days. Second, if you cannot volunteer, donate money to such bike organizations that help maintain our trails. It is that simple! Without your support, our bike trails will disappear forever.



IN THE NEWS

Madison could be 2016 Olympic "Cycling hub"

If Chicago wins its bid to host the 2016 summer Olympic games, several cycling and mountain biking events would take place in the Madison area.

As the city of Chicago prepares its bid to host the Olympics in 2016, officials announced plans last week to bring certain events to Wisconsin and make Madison the "cycling hub" of the games.

Gov. Jim Doyle, Chicago 2016 organizers, former Olympic athletes and a number of community leaders gathered Friday to unveil Wisconsin areas as locations for cycling events if Chicago wins the bid.

According to Doug Arnot, Chicago 2016 director of sports and operations, the cycling time trials would take place in downtown Madison. The road race would also begin downtown and finish nearly 25 miles west of Madison at Blue Mound State Park and Tyrol Ski Basin in Mount Horeb would host the mountain biking events...

[Click here to read the complete article](#)



GT launches grassroots mountain bike program

GT Bicycles is recruiting 35 amateur mountain bike racers from throughout the US for a new grassroots mountain bike program: the GT Dirt Coalition.



The riders will represent GT bicycles and the International Mountain Biking Association at a minimum of six races during the 2009 season.

"Amateurs are the unsung heroes of mountain bike racing," said Jenni Cathcart, director of marketing for GT Bicycles. "The GT Dirt Coalition rewards their competitive spirit and commitment to cycling..."

[Click here to read the complete article](#)

Fresno's Secret: Top Mountain Bike Park

Tucked in a corner of Fresno's Woodward Park, separated from Highway 41 by little more than a chain-link fence, sits one of California's rare urban mountain-biking facilities.

Called the Woodward Mountain Bike Skills Progression Park, it is a network of trails, jumps and balance lines designed to test knobby-tire enthusiasts of all ages and skill levels.

Too bad hardly anyone knows about it...

[Click here to read the complete article](#)



TECH STOP

The Tech Stop provides reference information on bicycle components and maintenance techniques for the mountain bike riding community. These articles and or technical briefs do not constitute a publication or a standard to repair, maintenance, assembly and or fabricate a mechanical device classified as a bicycle. These articles and or technical briefs may not apply to the other mechanical devices not classified as a bicycle.

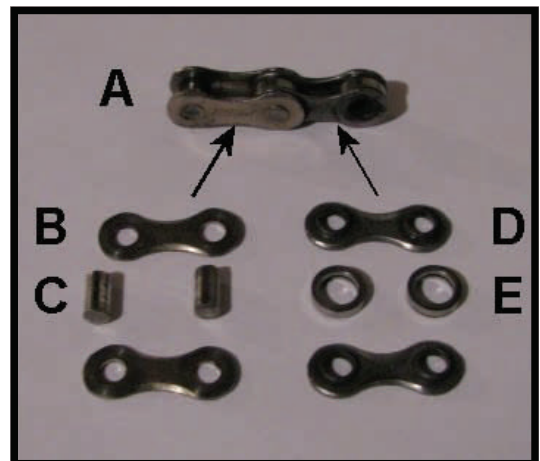
The Importance of Drive Chain Lubrication:

The drive chain is probably one of the most important and probably one of the most neglected components on your mountain bike. It transfers a majority of your pedaling force to the rear hub, contains more individual moving parts than your whole bicycle and truly requires the most lubrication. Many riders never think of their drive chain, even fewer understand the importance and affect it has on our physical and mental riding performance. This technical brief will speak to importance of drive chain lubrication as it relates to mountain bikes and review some interesting points that you may or may not have known.



Technical Brief Sections:

- 1.0 Anatomy of a Mountain Bike Drive Chain
- 2.0 Anatomy of Roller Chain Lubricate
 - 2.1 Which Lubricant Brand to Use
- 3.0 Inspecting your chain
 - 3.1 Check for Binding
 - 3.2 Check for Pin Alignment
 - 3.3 Check for Chain Growth
- 4.0 Cleaning your Chain
 - 4.1 Cleaning ON the Bike
 - 4.2 Cleaning OFF the Bike
- 5.0 Chain Lubrication
 - 5.1 Lubricant Viscosity
 - 5.2 Viscosity Grades
 - 5.3 Applying Lubrication
 - 5.4 Over Lubrication
- 6.0 Technical Wrap-up



1.0 Anatomy of a Mountain Bike Drive Chain:

To appreciate the importance of drive chain lubrication, we first need to identify the structure of the average mountain bike chain. Bicycle drive chains come in all shapes and sizes but they all primarily do the same job...transfer your pedaling force to your rear hub. Bicycle drive chains are classed as "Roller Chains" in non-related industries outside of the bicycle industry. Roller chains are one of the most efficient and cost effective ways to transmit mechanical power between to shafts, i.e. the crank shaft and rear axle...

[Click here to read the complete technical brief on our website](#)

[Click here to download this Brief No. TB-09-0124 \[PDF format\]](#)

DIESELBIKES EVENTS



We are working diligently to make 2009 a banner year for DB Events. With two (2) Lynn Woods events, trail maintenance programs and the possibly introduction of a group ride series we are working to bring our riding community closer together. Below is a list of our current events schedule.

Saturday, June 13th or Sunday, June 14th (One day Event) 3rd Annual D-Day Mountain Bike EXPO (Lynn Woods, MA)

The D-DAY Expo is an event that will showcase the latest products, technologies and services in the fast growing world of mountain biking! Our goal is to expose event attendees to everything that is mountain biking in a fun and friendly outdoor atmosphere while we generate funds to support trail maintenance programs in Lynn Woods.

Demo bikes, displays of the latest equipment, apparel and accessories all will be available for event attendees. Speak directly with factory and local business representatives regarding their products and services. Participate in contests, group rides and watch professional demonstrations throughout the event. The D-DAY EXPO will have something for EVERYONE!

Saturday, October 31th (One day Event) 2nd Annual Spooktacular Halloween Mountain Bike Festival (Lynn Woods, MA)

In 2008, the Spooktacular Halloween MTB Festival was the first of its kind held in Lynn Woods. This event was a big success for Dieselbikes and we plan on hosting it once again expanding upon last years venues. This is a perfect Fall Season Celebration that is ideal for your family and friends. More information will be available in Mid August.

2009 Lynn Woods Trail Maintenance Series

We have received approval from Park Management with four (4) individual trail projects and will announce the trail maintenance dates in March

2009 Tompson Street Trail Maintenance Series

We are working with Essex County Greenbelt Association to obtain approval for our proposed trail work. This trail series will be in conjunction with Sinister Bikes and NSNEMBA, more information to follow in March.



2009 SPONSOR SHOUT-OUTS

Local, regional and corporate sponsorship is one of many important factors that lead to the success of our efforts. Their contributions may involve supporting trail work programs, sponsoring events, assist in marketing efforts, donating products or services and help spread the word about our organization. For this, we want to say THANK YOU!

The following organizations are supporting Dieselbikes efforts for 2009. We ask when ever possible to support these organizations in their efforts; not because they are supporting us but because they are supporting our trails.



Sinister Bikes
Gloucester, MA



JRA Cycles
Medford, MA



MountainUNI
Danvers, MA



Kenda Tire & Tube
Reynoldsburg, OH



Back Bay Bicycles
Boston, MA



NSNEMBA
North Andover, MA



Tri-Hard Endurance Sport Coaching
Holliston, MA

DB GROUP RIDES

We are a simple group of mountain bikers with average riding skills that like to ride with anyone who loves this sport. Whether you are just a beginner or pro racer, it does not matter; you are welcomed to join our club group rides.

We ride all throughout New England during the season but you will find many of us riding Lynn Woods and B&T's multiple times a week. We have evening weekday rides that last 2-3 hours and help break up the work week. We also have weekend rides that may last 4+ hours enjoying the different aspects of mountain biking. If you would like to ride with Dieselbikes and want to know where and when we are riding, please feel free to sign up for our group ride e-mail notice. You can simply do this by sending us an e-mail to the following address below. Just provide your name and let us know you want to receive our weekly group ride e-mail notices.

dbgrouprides@dieselbikes.com - Weekly group ride e-mails start the first week of May 2009 and run until the last week of October. Ride e-mails are usually sent out two days in advance before the scheduled ride.

Our 2009 group rides begin on Saturday April 18th with our 4th Annual Lynn Woods Opening Day Ride. Feel free to join us!



New England Mountain Bike Club

DIESELBIKES

Est. 2004

Who We Are:

We are just a group of riders who started a riding club to quietly get into the mountain bike industry. We do not expect anything big from this venture but to have fun doing what we love, RIDE OUR BIKES!!! Over this past year we have seen a huge following for Dieselbikes and plan on turn this hobby into a business to help support and expand New England mountain biking.

Our Roots:

The roots of Dieselbikes starts in the City of Lynn better know as the "City of Sin." Over the past years we have added riders to our team whom brings their own unique style of riding and personality. Our local (unofficial) freeride park is none other than Lynn Woods. You will find us riding there 3 ~ 4 times a week during the biking season. Whether working our day and/or night jobs, we all find the time to make that blissful ride of downhill descends, jumps, hucks and friendly camaraderie that is only found when we RIDE OUR BIKES!!!

Mission:

Our mission is expand, promote and create a distinct portrait of mountain biking in and around New England. We believe that New England is one of the best places to mountain bike and feel by bringing all mountain bikers together, we will create a VIBE which will help expand this sport!

Whether posting pictures, videos, local trail maps and/or scheduling biking trips, we are starting small and keeping it simple. Someday our secondary goal is to build downhill/freeride bikes and or bike components for anyone who wants bulletproof products tested on FLAT DROPS here in New England.



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