



VOLUME: 04, ISSUE: 05

MAY 2010

PICTURE OF THE MONTH



**LET IT FLY!
LOCATION - VIETNAM TRAILS**

In this months issue:

- Lynn Woods Trail Day
- Trail Threads
- Mountain Biking on Business Rebound?
- Pedro's Promises \$20,000
- Industry Shout-out!
- DB Event Updates



THE BUZZ

The New England riding season has begun and we at Dieselbikes have hit the trails hard. We kicked off the season in the rain with our 5th Annual Lynn Woods Opener and held our first of four trail maintenance projects the last weekend in April. Both our weekend group rides and the Tuesday night rides are in full swing and this month will see the start of our Thursday night ride series.

Since we launched our E-RIDE campaign last month, we have received a number of e-mails and seen a few new faces on the trails with us. Remember: DB group rides are for all levels and our goal is simply to have fun. Sign up today and get out there with us!

We are closing in on the 4th Annual D-Day Mountain Bike Expo slated for Sunday June 27th! Sponsors continue to sign up and we are adding a few new activities for this year's event. Check out our website for the latest information.

PICK & SHOVEL REPORT

Lynn Woods Reservation (LYW): Lynn, MA

On Saturday April 24 the first of four scheduled 2010 Lynn Woods trail projects was completed. It was a perfect day for trail building and we had a number of volunteers show up to help complete this project. We worked on the Espresso Trail. Our goal was to make some minor adjustments to the top two berms, while widening and building up the bottom berm to make the downhill run more "flowy".

We had 11 volunteers who worked hard digging, pulling up rocks and cutting trees to build up the third switchback at mid-level on the Espresso Trail. This switchback was not only widened but the apex of the turn was lengthened to provide better flow, allowing aggressive riders the opportunity to rail the turn. In addition, we tied up some of the loose ends on the upper two turns which hadn't been completed during a trail day last year.

The upper sections of Espresso are intact and appear to be extremely stable; they held up to all the periods of extended, heavy rain we have had over the past few months. Erosion does not appear to be a problem and the areas created for water drainage are behaving exactly as planned. We still have more work to do on the bottom section of Espresso with a planned installation of an off camber jump and a technical line over some large boulders, but that work will be carried out next year.

As usual, this was a large project to tackle in one day and the team of volunteers worked hard to get the job completed in five hours. I want to extend my personal thanks to every individual who helped complete this project. The amount of work completed by the volunteers was difficult and backbreaking, as working on a hillside always is, but we had a lot of fun, told a lot of jokes and enjoyed ourselves immensely. I look forward to seeing everyone again on future trail builds and maintenance projects.

- [Click here for trail day work photos!](#)

Next trail maintenance work day is scheduled for Sunday May 9th

- [Click here for more information regarding the next upcoming trail project!](#)



TRAIL THREADS

Lynn Woods Reservation (LYW): Lynn, MA

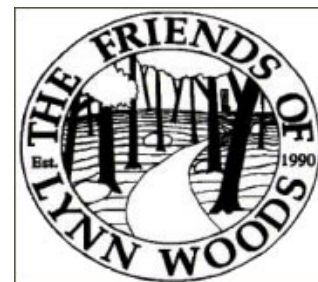
Lynn Woods is officially open and the trails are in great condition despite the few large, and many smaller, fallen trees. As of right now, most have been cleared by the park ranger; remaining trees will be addressed over the coming weeks. If you find any blocked trails on your rides, please feel free to report them to us and we can relay the message back to park management.

Trail work has begun and the DB crew, with help from community volunteers, completed the first maintenance day on April 24th. You can read more about what was accomplished in our Pick & Shovel section and see trail day pictures on our website [insert link].

Need a place to ride during the week? Come on out to ride Lynn Woods with the DB crew on Tuesday and Thursday nights. These rides are fun and open to all levels. For more information, check out our group ride section in this newsletter and on our website [insert link].

If you need a mountain bike trail map to navigate Lynn Woods, please download ours. Our trail map contains most of the trails mountain bikers use with some general location names for well know areas. This map IS NOT an "OFFICIAL TRAIL MAP" of Lynn Woods and should only be used for reference.

- [Click here to download DB Lynn Woods Mountain Bike Trail Map.](#)



www.flw.org

Tompson Reservation (TSR) / Bruce & Tom's (B&T's): Gloucester, MA

Trail project discussions between NSNEMBA, Sinister Bikes and Dieselbikes are still in the works with Greenbelt, but unfortunately we may not be hosting a trail work project this month. If a last minute decision is made and we need volunteers, we'll let you all know!

There is a growing ATV matter that Greenbelt is trying to address which is putting a damper on some of the planned trail network improvements. A few of the trail enhancements completed last year by the above organizations have been damaged and continued work in this area may need to be put on hold until this ATV matter is addressed.

Trail Network Disclaimer –

As always, please remember Tompson Reservation and B&T's trail networks span land owned by the Essex County Greenbelt and a number of private landowners. Currently mountain biking is permitted year round on the Greenbelt managed property called Tompson Reservation (TSR) but may not be permitted on adjacent private property. We ask that you use common sense when riding there; stick to the main trails and do not cut new lines/braids.

If you come across a change in a trail that you think is illegal, please do not change anything. Report it to Dieselbikes, Sinister Bikes and/or NSNEMBA. We have plenty of members who ride this location who will resolve any problems without creating potential conflicts. Efforts to improve the network will continue, though it will take some time to accomplish this goal with proper land manager approval.



www.ecga.org

TRAIL THREADS [CONTINUE]

Middlesex Fells Reservation (MFR): Stoneham, MA

Dieselbikes has been invited to attend a follow-up meeting to discuss the DCR's Trails Development Process for the Middlesex Fells this month. Attendees of this meeting are considered stakeholder groups and we are gratified to know that DB made that list.

We have had a number of requests from the local riding community to become involved with the Fells' Trail Network and we believe this year just may be the turning point for the Fells and the riding community. We will keep you all posted regarding the outcome of the meeting and what might be in store for this great riding location.



IN THE NEWS

Is Mountain Biking on Rebound After Decline?

The numbers hit you like the treacherous rock garden on the downhill trail at Mount Snow. There were 30,000 licensed mountain bike racers in the United States during the heyday of mountain bike racing in the late 1990s, compared to about 16,000 today, according to Andrea Smith, communications director of USA Cycling.

Racers such as John Tomac, Travis Brown and Tinker Juarez were on top of the podium and mountain biking was on top of the cycling world in the '90s. Then mountain bike racing went into a decline...

[- Click here to read the complete article](#)



Unicyclist Conquers Mountains

CEDAR CITY-

When people see Terral Fox on his mountain unicycle, they often shout things like, "Looks like the circus is in town," or "Pop a wheelie," but Fox says using his "muni" has actually been less dangerous and a better workout than his mountain bike.

"It's probably the best workout I've ever had in my life," Fox said during his presentation at Southern Utah University's Outdoor...

[- Click here to read the complete article](#)

IN THE NEWS [CONTINUE]

Construction Begins on Golden Bike Park

After a hard fought battle to win approval, ground has finally been broken at Tony Grampsas Memorial Sports Complex and construction of the Golden Bike Park is under way.

The proposal was met with much adversity but won passage by both the Parks and Recreation Advisory Board as well as Golden City Council.

Masterminded by the Colorado Mountain Bike Association (COMBA) and countless volunteers from in and around the City of Golden, the intent...



[- Click here to read the complete article](#)



Pedro's Promises \$20,000

Pedro's recently announced they're stepping up their dedication to mountain bike access by pledging \$20,000 to IMBA's Public Lands Initiative. By committing to such a big chunk of change for mountain biking, Pedro's is reinforcing their dedication to the sport. "20 plus years ago, Pedro's was founded with a mission to support the mountain bike family.

During last week's Bicycle Leadership Conference, there was a 'moment' that occurred at the Conference – a game changer for the US mountain biking trail systems...

[- Click here to read the complete article](#)

Lift-Served Mountain Biking Returns to Whiteface

Wilmington, NY

Although its alpine ski season has come to an end, Whiteface Mountain Ski Center isn't sleeping, dreaming of next winter's snowfall. Instead, skiers and boarders will be replaced by mountain bikers when the New York State Olympic Regional Development Authority (ORDA) and the Whiteface Mountain Bike Park, operated by High Peaks Cyclery, team up again to bring mountain biking to the ski area in New York's Adirondack Mountains this summer and fall...

[- Click here to read the complete article](#)



THE DB COMMUNITY

Diesalbikes is now entering its sixth year of operation and we love being a part of the New England riding community. As we grow so do the number of riders with whom we are in contact. Diesalbikes maintains an online presence on a number of social network sites, find us, friend us and follow us where ever it is most convenient for you!

We love to hear what you think, so tell us. Start a discussion thread, ask a question, tell us about a recent ride... whatever it is, we want to hear it, who knows, we might even incorporate some of your great ideas into upcoming events, trail days, plans and all the other things we do!

Also, thanks to the power of the internet, you don't even have to be in New England to be a part of the Diesalbikes family!

[DB - Facebook](#)

Join us on Facebook and stay connected with the latest updates and information by joining either our FAN or GROUP pages.



[DB - YouTube](#)

Join us on YouTube and check out our latest videos and links to other mountain bike videos.



[DB - BlogSpot](#)

Ask a question or start a thread! This is a public outlet to post your comments, questions and or concerns.



[DB - MySpace](#)

This is a dead social page but we still post some updates from time to time.



INDUSTRY SHOUT-OUT

At Diesalbikes we occasionally need to give a shout-out to businesses that provide exceptional products and/or services. In this edition, we'd like to give a big shout-out to the *Fat Cactus Restaurant*, located at 215 Broadway (RT. 1N) in Lynnfield, MA for supporting Diesalbikes and the riding community. This is the location of the former *Naked Fish* and *Lucille's Fine Chicken* Restaurants.

The Fat Cactus Restaurant is affiliated with the *Bostonville Grille* and is managed/ owned by the same group. Management for the Fat Cactus has kindly allowed the riding community to utilize their parking lot for riding in Lynn Woods providing a few rules of etiquette are followed.

- If you are a continuous user of the lot, please pay a little patronage to the restaurant.
- Park in the spots that are along the grass/tree line leaving other spaces for paying customers.
- No more beverage/food gatherings in the lot.

However, despite these rules, management at the *Fat Cactus* will be allowing Diesalbikes to host our Tuesday Night Rides from this location, and they have also granted us permission to host our movie nights there too! These will begin in the coming month.



DIESELBIKES EVENTS

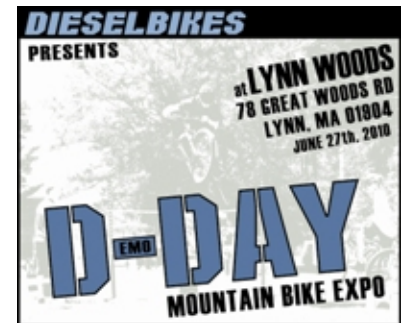


We are gearing up to celebrate Dieselbikes' sixth year in operation and plan on expanding our events for 2010. This year will feature events hosted by Dieselbikes as well as increased participation at other New England events throughout the season. We plan on making 2010 a banner year for events and activities for this grassroots club and expect to fully enjoy every minute of it! Below is our event schedule for the 2010 riding season. Some of these events Dieselbikes will host, others we are proud to sponsor and associate ourselves with. Click the links for more information regarding each of the events listed below.

2010 MOUNTAIN BIKE EVENTS

**4th Annual D-Day Mountain Bike Expo ~ Lynn Woods, MA
Sunday June 27th, 2010**

The D-DAY Expo is an event with something for everyone! We will be showcasing some of the latest products, technologies and services in the fast growing world of mountain biking and outdoor sports! Our goal is generate funds to support trail maintenance programs in Lynn Woods while exposing event participants to mountain biking and other recreational activities in a fun and friendly outdoor atmosphere. [Click here for more information](#)



**Lynn Woods MBAS Event - Hosted by NEMBA & Sponsored by Dieselbikes
Sunday August 29th, 2010**

Dieselbikes is proud to be a co-host for this New England Mountain Bike Event.

"Going into its 8th season, the Kona Bicycles-Fox Shox MTB Adventure Series gives you a chance to come experience some of the best mountain biking trails in New England with a fun and festive atmosphere. For more information, please visit www.MtbAdventureSeries.org



2010 MOUNTAIN BIKE ACTIVITIES

- 5th Annual Lynn Woods Opening Group Ride [Lynn Woods, MA] - Saturday April 17th.
- Weekend Sessions - Challenge Your Skills - Starting April 18th through November 28th.
- TNR - Tuesday Night Rides @ Lynn Woods - Starting April 20th through November 23rd.
- TNR2 - Thursday Night Rides @ Lynn Woods - Starting May 6th through October 28th.
- 2010 Lynn Woods Trail Maintenance Series.

TENTATIVE EVENT SCHEDULE

- 2010 Tompson Reservation Trail Maintenance Series [Spring – Fall]
- Dieselbikes Ride Series [June – July – Aug – Sept]
- 3rd Annual Vermont Mountain Bike Festival – July 17-18 [Tentative Sponsorship by Dieselbikes]

DIESELBIKES EVENTS [CONTINUE]

EVENT CANCELLATION

- Sunday River Big Mountain Festival [Aug] – Due to Sunday River's current exclusive corporate contracts, we are not going to be able to host a large scale mountain bike event at Sunday River this year. Yeah, we're bummed too!

NE MOUNTAIN BIKE EVENTS

Listing our own events is an obvious section for the DB newsletter, but there are also plenty of other exciting mountain bike events happening throughout New England. Below is a short list of upcoming events in May. A more comprehensive list is available on our website under the Events Calendar.

Highland Mountain Opening Day – Presented by HMBP, Friday May 7th
For more information, please visit www.highlandmountain.com

Season Kick-off Wildflower Tour – Presented by BCE, May 7th, 8th & 9th
For more information, please visit www.bikebackcountry.com

MTB Instructor Certification Program – Presented by BCE, May 14th, 15th & 16th
For more information, please visit www.bikebackcountry.com

Flower Power MTB Race – Presented by Catamount Outdoor Center, Saturday May 15th
For more information, please visit www.catamountoutdoor.com/flowerpower2010.html

Bike Night 2010 – Presented by MassBikes, Saturday May 15th
For more information, please visit www.massbike.org

NEMBA/IMBA Trail Building School – Presented by NEMBA, Sat May 22nd & Sun May 23rd
For more information, please visit www.nemba.org

Maine Sport Mayhem – Presented by Maine Sport Outfitters, Sunday May 23rd
For more information, please visit www.mainesporttraces.com/mayhem.php

Blue Hills Mountain Bike Day – Presented by NEMBA, Sunday May 23rd
For more information, please visit www.nemba.org

DB GROUP RIDES

We are a simple group of mountain bikers with average riding skills who like to ride with anyone who loves this sport. Whether you are just a beginner or a pro racer, it doesn't matter: you are more than welcome to join our group rides. Riders under 18 must be present with a parent or guardian and speak with the ride leader before the group ride begins. For more information about Dieselbikes' Group Rides, [please visit our website](#).

E-Ride Notification!

If you would like to ride with Dieselbikes and want to know where and when we are riding, please feel free to sign up for our group ride e-mail notification. You can do this by sending an e-mail to: dbgrouprides@dieselbikes.com

Weekly group ride e-mails start on April 22nd and run until mid-November. Ride e-mails are usually sent out & scheduled two days before the upcoming weekend ride.

Scheduled DB Group Rides

Below is a list of scheduled group rides for the 2010 riding season. This list of dates and times is subject to change. If you are interested in joining us, sign up for our E-Ride Notification and/or check the Dieselbikes Group Ride Web-page (insert link) weekly for updates

Weekend Ride Sessions *[April 18th through November 28th]*

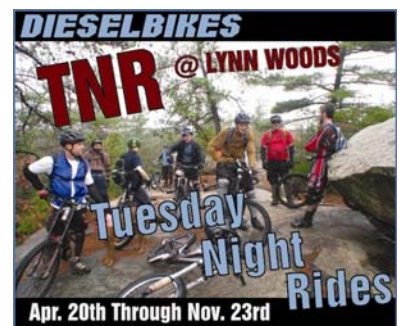
These public group rides typically take place both Saturday and Sunday with different locations depending on the club's schedule and weather conditions. Weekend rides can last 3-4 hours and offer plenty of fun and group camaraderie. None of these weekend sessions are fast paced. We're also not out to cover as much ground as possible. WE ARE OUT TO HAVE FUN & WE RIDE AT THE GROUP'S PACE! We ride technical trails and love to challenge our own skill sets. Anyone can join us to ride, watch or partake in the technical challenges our great New England trails offer.

TNR - Tuesday Night Rides in Lynn Woods *[April 20th through November 23rd]*

Dieselbikes' Tuesday Night Rides will be starting their 4th season and we anticipate some new faces. Meeting time is between 5:45pm and 6:00pm at The Fat Cactus Mexicali Cantina parking lot; 215 Broadway Route 1N, Lynnfield MA, 01940. This is a two hour ride that takes place every Tuesday night (rain or shine) and breaks up the work week with a post ride gathering for food & refreshments in the restaurant. All levels are welcome and NO ONE is left behind!

TNR² - Thursday Night Rides in Lynn Woods *[May 6th through October 28th]*

Dieselbikes' Thursday Night Rides will be starting their 3rd season. Meeting time is between 5:45pm and 6:00pm at the Ballfield Parking lot, Great Woods Entrance; 78 Great Woods Road Lynn MA, 01904. This is a great endurance builder: the 90-minute cardio ride loops Walden Pond and features some technical challenges. All levels are welcome and NO ONE is left behind!



New England Mountain Bike Club

DIESELBIKES

Est. 2004

Who We Are:

We are just a group of riders who started a riding club to quietly get into the mountain bike industry. We do not expect anything big from this venture but to have fun doing what we love, RIDE OUR BIKES!!! Over this past year we have seen a huge following for Dieselbikes and plan on turn this hobby into a business to help support and expand New England mountain biking.

Our Roots:

The roots of Dieselbikes starts in the City of Lynn better know as the "City of Sin." Over the past years we have added riders to our team whom brings their own unique style of riding and personality. Our local (unofficial) freeride park is none other than Lynn Woods. You will find us riding there 3 ~ 4 times a week during the biking season. Whether working our day and/or night jobs, we all find the time to make that blissful ride of downhill descends, jumps, hucks and friendly camaraderie that is only found when we RIDE OUR BIKES!!!

Mission:

Our mission is expand, promote and create a distinct portrait of mountain biking in and around New England. We believe that New England is one of the best places to mountain bike and feel by bringing all mountain bikers together, we will create a VIBE which will help expand this sport!

Whether posting pictures, videos, local trail maps and/or scheduling biking trips, we are starting small and keeping it simple. Someday our secondary goal is to build downhill/freeride bikes and or bike components for anyone who wants bulletproof products tested on FLAT DROPS here in New England.



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UP & DOWN
NEWSLETTER